

Intestinal Cleanse 2 ~ Soothes and Detoxifies



Intestinal Cleanse 2 is a safe, natural way to soothe and detoxify the intestinal tract. It can help with everything from bloating and gas to stomach flu and food poisoning. Intestinal Cleanse 2 supports healthy tissue and brings gentle relief! It helps sweep clean, absorb and eliminate acid wastes, old toxic chemical residues, and microbes from the digestive tract. It helps to relieve the body's organs of toxic overload so they can function properly.

Cleansing can ease symptoms such as tiredness, gas, bloating, back aches, weight problems, lack of concentration, headaches, skin rashes, and help one to experience a clear, pure, calm feeling.

Ingredients: *Psyllium husk, Psyllium seed, Bentonite Clay (Montmorillinite), Apple Fruit Pectin, Flax seed, Marshmallow root, Slippery Elm bark, Activated Willow Charcoal, Fennel seed and Peppermint leaf.*

Capsules Serving Size: 6 Capsules 50 Servings in 300 capsule bag or 15 Servings in 90 capsule bag (6 capsules are equal to 1 rounded teaspoon of powder).

How To Take the Capsules: Take 6 capsules per dose with 2 full cups of pure water. Take on an empty stomach, ½ before meals and 1 - 3 hours after, depending on how heavy the meal. Wait about 45 minutes before taking supplements or medication so these are not absorbed by it.



Powder Serving Size: 1 rounded teaspoon 50 Servings in 8 oz. bag, or 15 Servings in 3.2 oz. bag.

How To Take the Powder: Stir 1 heaping teaspoon in one cup (8 oz.) water or diluted juice, and drink quickly, before it thickens or gels. Immediately follow this with a second full cup of water. Take on an empty stomach. Do not mix into a smoothie or take with food, supplements or medication. Wait about 45 minutes before taking medication or supplements. The taste is neutral, slightly fennel-flavored, and a little gritty, but has maximum detoxifying fiber.



This product absorbs liquid as it thickens to carry away toxins, so it requires plenty of water to do its work well. We advise drinking two full cups of water with each dose. Becoming well-hydrated is an added benefit for you!

Suggested Uses for Intestinal Cleanse 2

For help with gas or bloating: Take 2 - 3 capsules OR 1/2 teaspoon of powder with one cup of water, as needed.

Supports removal of acidic wastes and irritants. For aid in forming complete, solid movements: Take 1 - 5 times a day on an empty stomach, as needed. If you need to take it regularly, 2 - 3 times a day works well.

For deep detoxification cleansing: Take 3 - 5 times each day for 10 days to 2 weeks, on an empty stomach according to directions. Adequate water should be taken during cleansing to ensure proper bowel function. Intestinal Cleanse 1 or 3 are used if bowel movements slow down, even with additional water & probiotics.

For deep detoxification and cleansing, this product can be used alone, or as part of the Intestinal 10 Day Cleanse which includes our bowel activator, probiotic, mineral replacement, whole food supplement and optional Anti-Parasite Concentrate, along with a daily checklist and full instructions.



CAUTION: Taking Intestinal Cleanse 2 without enough liquid may lead to constipation. Do not take in cases of bowel obstruction. Do not take medications at the same time you take a dose of Intestinal Cleanse 2 as those may be absorbed. Consult a health professional before using if pregnant, nursing or you have a medical condition.

Success with Intestinal Cleanse 2

My chiropractor in Arizona told me to use Intestinal Cleanse 2 for my irritable bowel syndrome. I often felt constipated, but when I did go, it was diarrhea and this would go on and on. I went from having pains in my belly and not being able to go to the bathroom to now being regular, and able to go without any pains. It is the only product that works for me. I have been using it since 2008. I take it 3 times a day - one heaping teaspoon with 2 cups of water in the morning, after lunch and before bed. ~S. T., Florida

I use Intestinal Cleanse 2 with my weight loss patients. I have them do a cleanse before giving them supplements and a new eating program. Intestinal Cleanse 2 balances them out hormonally. Some patients who are here for weight loss have insulin resistance, with some their thyroid is off and with others their adrenals are off. With Intestinal Cleanse 2 they get a clean slate, with everything working and moving. I also give them a diet plan, limiting proteins and with lots of vegetables. ~ Dr. L., Pennsylvania

I have been using Intestinal Cleanse 1 and 2 in my practice for five years. These products always work. You cannot properly balance the body without a fully cleansed intestinal tract. The metabolism and electrical balance are thrown off by an intestinal tract that is not functioning properly. So don't waste time trying to balance the body unless you handle the intestinal tract. Intestinal Cleanse 2 deeply cleans out all the old toxins and impacted wastes. I have my patients do a deep cleanse two or three times a year using Intestinal Cleanse 2 for 5 days to thoroughly clean out all the old impacted areas. They don't get backed up during the cleanse, and are able to move their bowels with Intestinal Cleanse 2 alone if they already have been having a daily bowel movement. ~ Dr. H., Texas

Powder vs Capsule?



The powder form of Intestinal Cleanse 2 taken in water will bring fastest relief.

The powder form works fastest in relieving acute discomfort because it will immediately start to absorb toxins it comes in contact with in the stomach - no waiting for capsules to dissolve in an agitated stomach. The taste is neutral, with a texture that is a little gritty from the activated willow charcoal. It will start to thicken right away, so drink rapidly after stirring into liquid. **Some people who have slower digestion may get better results with the powder than capsules.**

A good choice at home, the powder is easy, simply stir into water. A teaspoon of the powder mixed in a cup of water and followed with a second cup of water can bring noticeable relief in 20 - 30 minutes, and within a few hours feel a restoration of energy and balance. When dealing with chronic conditions, allow 3 -7 days to make changes and get established, and see the improvements.

Capsules are convenient to take anywhere, excellent for busy people. Take a small bag of capsules with you for use away from home, at work, or while traveling. Or use capsules all the time as they are easier to take for some, no fuss. The capsules have to dissolve to work, so it may take a little longer to feel the effects.

Since Intestinal Cleanse 2 contains ingredients which attract and absorb undesirable toxic material, removing them from your digestive tract, it is invaluable while traveling. For those who are prone to diarrhea or bowel irritation, keep some on hand to relieve acute symptoms, or use for prevention and comfortable regularity. Anyone who has come down with food poisoning, a stomach virus or indigestion while traveling knows the benefit of having something natural and convenient on hand that may make the difference between an enjoyable trip and a disaster!