

Omega 3 EPA and DHA in Fish Oil Reference studies from NIH PubMed

Omega-3 fatty acids are among the world's most comprehensively studied nutrients. They have been shown to have numerous functions essential to health.

The following studies are given for educational purposes only. We are not making any medical claims for products we sell. Any Omega 3 containing product we sell is not intended to diagnose, treat, cure, or prevent any disease. If you have a medical condition, please work with your healthcare practitioner.

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